



96°F|69°F 92°F|65°F 81°F|58°F 83°F|61°F 90°F|67°F
[Latest Forecast »](#) [Current Radar »](#)

- [News](#)

- [News](#)
- [Business](#)
 - [Behind the Counter](#)
 - [Stock Report](#)
- [Technology](#)
- [News Columnists...](#)
 - [Local Columnists](#)
 - [Syndicated Columnists](#)
- [Special Reports](#)
- [Photo Galleries](#)
- [Multimedia](#)
- [RSS Feeds](#)
- [Mobile](#)

- [Voices](#)

- [Our Voice...](#)
- [Your Voice...](#)
 - [Latest Videos](#)
 - [Latest Photos](#)
 - [Latest Articles](#)
 - [Latest Events](#)
 - [View...](#)
 - [Top Photos](#)
 - [Top Articles](#)
 - [Photo Albums](#)
 - [Article Sets](#)
 - [Submit...](#)
 - [Videos](#)
 - [Photos](#)
 - [Articles](#)
 - [Events](#)
 - [Update...](#)
 - [Your Videos](#)
 - [Your Photos](#)
 - [Your Articles](#)
- [Roving Reporter](#)
- [Editorial Cartoons](#)
- [Voices Columnists...](#)
 - [Randell Beck](#)
 - [David Kranz](#)
 - [Patrick Lalley](#)
 - [Jill Callison](#)
 - [Chuck Baldwin](#)
- [Today's Debate](#)
- [Letters to the Editor](#)
- [Blog](#)
- [Forums](#)
- [Submit...](#)
 - [a News Tips](#)
 - [a Letter to the Editor](#)
 - [an Event](#)
 - [a Press Releases](#)
 - [a Story Idea](#)

- [Sports](#)
 - [HS Sports Factory](#)
 - [Sports Columnists](#)
 - [Outdoors...](#)
 - [Pheasant Country](#)
 - [Sports Teams...](#)
 - [Skyforce](#)
 - [Stampede](#)
 - [Storm](#)
 - [Spitfire](#)
 - [Canaries](#)
 - [Forums](#)
 - [Blog](#)
 - [Photo Galleries](#)
- [Life](#)
 - [Dining Guide](#)
 - [Life Columnists](#)
 - [CityStyle](#)
 - [PetMag](#)
 - [Friends of the Family](#)
 - [Sioux Falls Moms](#)
 - [Senior Directory](#)
- [Entertainment](#)
 - [Link](#)
 - [Link Blog](#)
 - [Today's Events](#)
 - [Movies](#)
 - [Dining](#)
 - [Travel](#)
 - [Games...](#)
 - [Sudoku Classic](#)
- [Forums](#)
 - [Your Voice](#)
 - [Government & Politics](#)
 - [Local & State News](#)
 - [S.D. High School Sports](#)
 - [S.D. College Sports](#)
 - [S.D. Professional Sports](#)
 - [Outdoors & Recreation](#)
 - [Who's Online Now](#)
 - [Members List](#)
- [Obituaries](#)
- [Celebrations](#)
 - [Births](#)
 - [Birthdays](#)
 - [Engagements](#)
 - [Weddings](#)
 - [Anniversaries](#)
 - [Submit...](#)
 - [Your Wedding Story](#)
 - [a Birth](#)
 - [a Birthday](#)
 - [an Engagement](#)
 - [a Wedding](#)
 - [an Anniversary](#)
 - [Celebrations Policy](#)
- [Nation & World](#)

- [Top Stories](#)
- [U.S.](#)
- [World](#)
- [Money & Markets](#)
- [Sports](#)
- [Entertainment](#)
- [Video](#)
 - [Reader Video](#)
 - [USA Today Video](#)

Search Sioux Falls:

[Home](#) :: [News](#)

Article Tools

 [Print](#)

 [E-mail](#)

 [Subscribe](#)

Advertisement



Related News from the Web

Topix cats: [Sports Sports Etc.](#) [World Records](#) » Find it online at [Topix.net](#).

Sioux Falls attracts firefighter competition

By Josh Verges

jverges@argusleader.com

Published: May 23, 2007

Sioux Falls has been chosen to host a firefighter pentathlon that is expected to draw hundreds of competitors from across the Midwest.

The national championships of the Scott Firefighter Combat Challenge in Las Vegas is televised each year on ESPN.

To compete at nationals, athletes must qualify at one of 18 regional sites, which this year will include Sioux Falls for the first time.

The event is Aug. 24-25 at Fawick Park and is expected to feature vendors, music and a children's competition.

"It's going to be a real carnival event for the whole weekend," said Jim Sideras, a division chief with Sioux Falls Fire Rescue.

Mike Bauers, a four-year veteran of Fire Rescue, is one of 14 team members in Sioux Falls.

Most of those are in it for the training, but Bauers and four or five others typically compete.

The Sioux Falls event is one of eight regional competitions city firefighters will compete in this year.

"It's exciting, a lot of good competition," Bauers said. "It'll be great for a lot of people to see what we can do."

The competition aims to promote physical fitness. Firefighters wear full bunker gear while performing five timed tasks that simulate a firefighter's duties during a structure fire.

After climbing a five-story tower carrying a 45-pound pack, the athlete pulls up a 45-pound hose roll. He then descends a tower and uses a mallet to move a 160-pound beam five feet. From there, he drags a charged hose 75 feet, and finally, drags a 175-pound mannequin 100 feet.

"It's been billed as the toughest two minutes in sports," Fire Chief Rick Larson said.

The event features male and female firefighters in various age groups in individual and relay runs.

In 16 years of competition, the individual world record is 1 minute, 19 seconds. The average athlete finishes in 3 minutes, 3 seconds.

Mayor Dave Munson said the event will benefit the city economically, but he emphasized that it will showcase the athletes' physical skills.

"People can really see the best of the best," he said.

Reach Josh Verges at 331-2335.

YOUR VOICE

[Post Comment](#)

Advertisement



Partners: Jobs: [CareerBuilder.com](#) | Cars: [Cars.com](#) | Apartments: [Apartments.com](#) | Shopping: [ShopLocal.com](#)
[Customer Service](#) | [Send feedback](#) | [Subscribe to The Argus Leader](#) | [Jobs with the Argus Leader](#) | [PDA version of our site](#)

Copyright ©2007 Argus Leader Media. All rights reserved. Users of this site agree to the [Terms of Service](#) and [Privacy Policy/Your California Privacy Rights](#) (Terms updated March 2007)



July 2007 >
S M T W T F S
1 2 3 4 5 6 7
8 9 10 11 12 13 14
15 16 [17](#) [18](#) [19](#) [20](#) [21](#)
[22](#) [23](#) [24](#) [25](#) [26](#) [27](#) [28](#)
[29](#) [30](#) [31](#)



Advertisement

Community Websites

[BrandonInfo.com](#)

[Brandon Valley Challenger](#)

[Dell Rapids Tribune](#)

[Baltic Beacon](#)

[Garretson Weekly](#)

[Tea-Harrisburg Champion](#)

Special Features

[Weather Page](#)

Sponsored by Home Federal Bank.

[Athlete of the Week](#)

Coaches, nominate your exceptional sports student for Athlete of the Week.

[Dining Guide](#)

Staying in or going out, plan your evening using the **Argus Leader Dining Guide**.

PheasantCountry.com

Where Pheasant Hunters Come To Roost.

[Senior Directory](#)

[SFBJ History In The Making](#)

[Sioux Falls Business Journal](#)

[Sioux Falls Moms](#)

Where Moms Connect

[Sports Factory](#)

Your Source for High School Sports

[The Source](#)

The Sioux Falls Business Journal's Book of Lists and Best of Sioux Falls Business. The essential reference tool for doing business.

[Tour de Kota](#)